



WORLD CONGRESS  
**Mental Health 2022**

“Mental health:  
a global priority”

June 28<sup>th</sup> – July 1<sup>st</sup>, 2022

Central Hall Westminster  
Storey's Gate - London - SW1H 9NH

EACCME applied for



| <b>PLENARY SESSION TWO</b>                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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| Event Code: LEE22-00523<br>World Mental Health Congress London Mental Health a Global Priority, London, UK<br>28/06/2022-01/07/2022 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Your details</b><br>(as you want them listed in the programme)                                                                   | John Bowis<br>Former Health Minister, MP and MEP                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Date and time of your plenary session</b>                                                                                        | Tuesday 28 June 2022<br>14:00-15:40<br>Theme: The future of mental health                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Duration</b>                                                                                                                     | 20 mins                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Proposed title</b><br>(please complete)                                                                                          | Policymakers and the delivery of better mental health                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Learning Objectives</b><br>(please complete)                                                                                     | <ul style="list-style-type: none"><li>• To identify policy areas that need improvement and ways to put them right</li><li>• To highlight the disparity between physical health and mental health; and the need for parity of esteem</li><li>• To outline the role that policymakers can play in tackling stigma and improving population mental health</li><li>• To emphasise the importance of working with and listening to people with experience of mental health issues in developing policy</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Abstract</b><br>(max 500 words)                                                                                                  | <p>Mental health is an invaluable asset. Poor mental health has adverse impacts on individuals, families and communities. It also has significant impact on national economies due to healthcare costs and time out of work for individuals affected and their informal carers. It is therefore essential that policymakers understand the importance of delivering better mental health. There needs a move away from mental health being the responsibility of the Department of Health and Social Care, to Mental Health in All Policies. This calls for more opportunities for collaboration across departments to tackle poor mental health.</p> <p>Speaking from experience of Minister, of WHO adviser on Nations for Mental Health, of European Parliament Spokesman on Health and board member of mental health NGOs, to highlight the need for quality services, for listening to people living with mental health problems and for the defeat of stigma.</p> |
| <b>Key references or resources</b><br>(maximum five)                                                                                | <ol style="list-style-type: none"><li>1. Joint Action on Mental Health and Well-being (2015) Situation Analysis and Policy Recommendations in Mental Health in All Policies.<br/><a href="http://www.mentalhealthandwellbeing.eu/assets/docs/publications/MHiAP%20Final.pdf">http://www.mentalhealthandwellbeing.eu/assets/docs/publications/MHiAP%20Final.pdf</a></li><li>2. Kousoulis A. (2019) Prevention and mental health: Understanding the evidence so that we can address the greatest health challenge of our times. London: Mental Health Foundation</li></ol>                                                                                                                                                                                                                                                                                                                                                                                                |



3. McDaid, D. and Park, A-L (2022) The economic case for investing in the prevention of mental health conditions in the UK. London: London School of Economics