



WORLD CONGRESS
Mental Health 2022
LONDON

“Mental health:
a global priority”

June 28th – July 1st, 2022


Central Hall Westminster
Storey's Gate – London - SW1H 9NH

EACCME applied for



EACCME UNITED KINGDOM EVENT REQUIREMENT:

Name	Dr Pratima Singh
Title	Consultant psychiatrist MB BS, MRCPsych, MBA
Place of Work	Hertfordshire NHS Partnership University NHS Foundation trust
Statement/bio informing EACCME of your experience of delivering educational material	<p>Dr Singh is a community and adult psychiatrist working in a deprived, London suburb where she is based in a team that works closely with GPs to plan care for patients presenting with mental illnesses. Having had the advantage of several strategic leadership opportunities in her residency, she has led the change for including nutrition and lifestyle education for doctors to address the increased mortality rates in the mental health population. She is a strong advocate of intensive lifestyle interventions as a key tool in addressing chronic mental health conditions and the judicious and informed use of psychotropic medication. She has been invited to over deliver teaching and training in medical CME programs across UK to deliver teaching the evidence base and clinical translation of research in nutritional interventions. She has also worked closed with Nutritank and NNedPRO in Cambridge to contribute to the inclusion of lifestyle education in medical curriculum. She was an invited speaker at the Functional medicine forum which is team lined across the world aimed at functional medicine practitioners across the globe.</p>

Signature:	
Date:	21/3/2022